# Setup IMAP or POP on other e-mail clients

These tutorials will help you add your mailbox as an IMAP or POP account in various e-mail clients, including Thunderbird, Outlook, Android and iOS. Most e-mail clients will require a manual setup.

> If you are familiar with this setup, you can click here for our web page on what server names and ports to use.

For the SMTP settings, remember to always mark the option to "**Require authentication**" (sometimes referred to as "My server requires SMTP authentication").

Also note that IMAP is recommended rather than POP, as it´s a protocol made to support several devices accessing one same account, with all folders synced at our server, which also guarantees that our backups will be executed.

## Setup e-mail on Mozilla Thunderbird

## Setup e-mail on Outlook

## Setup IMAP e-mail on Android

## Setup IMAP e-mail on iOS